

The Journal of the
International Network of Esoteric Healing

PREVIEW ONLY

Volume 27 2012

INTERNATIONAL NETWORK OF ESOTERIC HEALING

This Network, whose keynote is World Service, is non-sectarian, non-political and international in its thinking. It recognises Life as the primary source of power. We can channel this energy for healing and when this takes place Spirit, Soul and Body integrate to become whole.



Aims

- To facilitate Esoteric Healing
- To help anchor spiritual science in the human Consciousness
- To assist the Plan of the Spiritual Hierarchy for Humanity.
- To encourage group work on inner and outer levels.
- To recognise the need for ongoing self-healing and growth.
- To link up and work with practitioners in the various medical and healing arts and sciences acknowledging the value of diversity.
- To share the understanding of esoteric anatomy and the esoteric causes and prevention of disease.
- To provide seminars and practical training in the principles of Esoteric Healing in the Subtle Energy Field and its integration into everyday life.
- To develop an International Network of Healers, Teachers and Servers to support each other and further the above Aims.

INEH Founder

Brenda Selby Johnston

INEH International Teacher's Group Co-ordinators

Helen Frankland, 27 South Road Chorleywood, Hertfordshire WD3 5AS, UK
Wendy Glaubitz-Fugere, 10925 Ave du Parc Georges, Apt 1, Montreal, Quebec H1H 4Y8, Canada
Angelika Werkstetter, Zieeblandstrasse 3, D-80799 Munchen, Germany

The Journal is published twice yearly

Contributions are welcomed by:

The Editors, 27 South Road, Chorleywood, Hertfordshire WD3 5AS, UK

Email: hfrankland@dsl.pipex.com

Annual Subscriptions to *The Journal*, including postage:

UK £7.00; Europe £8.00; Africa £8.00; Australia £12.00; USA and Canada \$22.00

Please make cheques payable to 'INEH', in Pounds Sterling drawn on a British Bank.

Send £Sterling to: The Editors, address as above

Send \$US to: Clarice Bauereis, 7348 Wellcrest Drive, Dallas, TX 75230 - 4234, USA

Paypal is available, see: www.ineh.org

Many thanks to those of you who send more than the cost of *The Journal*. This allows us to send *The Journal* to those who cannot afford to pay or are unable to export moneys.

Individual contributions to *The Journal* may not necessarily express the established ideas or views of the INEH as a whole, but reflect aspects of current researching and concerns of members of the Network. As Djwhal Khul says of his works, they are sent out "...with no claim for their acceptance... It is for you to ascertain their truth by right practice and by exercise of the Intuition."

Contents

Editorial	1
The Preservation of Balance from Djwhal Khul	2
Anxiety, Depression – the Yin and Yang of the Brain by Judy Jacka	3
An Interview with Isabella Fontana-Krett	5
Love Is by Ioannis Psarras	8
The 2012 Olympic Opening Ceremony by Philippa Glasson & Nicholas Mann	9
Nia Technique by Nola Baylis	10
Working with Love in Healing by Dinah Lawson	11
Energies of the Wild Wood by Sheila Robey	12
Devas by Maddie Harland	13
Follow Your Heart by Rebecca Cherry	16
The Power of the Good by Tom Carney	16
News	17
Dates	20
Book Reviews	20
INEH Meditations	21
Contact List	23

Editorial

What effect does an occasion such as the staging of the Olympic games have on one of our Planetary Inlets? Or is such an occasion the result of greater energies playing on the inlet?

In the UK, and in London in particular, we certainly felt an unprecedented surge of goodwill amongst people in general and in the media. It is not often that the Olympics are held in a major Planetary Centre so this may well be an effect or cause on a Global scale.

This is an interesting year in many ways as we feel the impact more and more of our financial and ecological communities being global. Twitter alerts us to events – significant and insignificant – as they happen and thought forms abound about 2012 as an apocalyptic year. Indeed our teachers' conference and our UK Autumn meeting focus on the 'New Beginnings' aspect of this theme. Many cycles astrological, astronomical and human converge at the end of this year. The passage from DK is about being able to let go of the old and embrace the new always from a point of balance and ever-wider perspective.

You will have noticed that we have only one edition of the Journal published this year. This is because the second edition of last year got so far behind that it became a 2012 edition. We are all super-busy and getting all of the work cycles of group members to converge is quite a challenge. We all need to be patient as our group

consciousness gradually expands. Subscriptions will be adjusted accordingly.

The cost of the postage for the Journal continues to worry us. The more Journals we send, the more reasonable the individual cost becomes. Do please encourage your students and colleagues to take out a subscription to help our attempts at group communication. We would also like to ask that those of you who receive the Journal for free might consider whenever you are able, to send a donation towards costs. We are most grateful to those of you who do send donations for those in difficult financial positions.

We hope you enjoy reading about the symbolism of the opening ceremony of the Olympics. It was, in many ways, a healing ceremony which was esoteric. There are many variations in practising Esoteric Healing. In her interview for the Esoteric Quarterly, Isabella Fontana Krett refers to Energy Harmonisation, and Nola Baylis looks at links with Nia movement and dance.

We have two articles offering practical work to help people living in stress and anxiety in these changeable times. One by Judy Jacka is about depression and anxiety in our clients and the other by Dinah Lawson is about overcoming any anxiety about our own healing work. Love is the key and Ioannis Psarras also pursues this further for us.

Love and balance to us all.

Claudia S Rose
Enosburg Falls
Vermont
Tel: +1 802 933 6107
claudiarosevt@gmail.com

Rumiel Rothschild
Santa Cruz
California
Tel: +1 831 464 4564
rumielr@aol.com

Tom Shaver
Kapaa
Hawaii
Tel: +1 808 884 5282
tshaverdo@yahoo.com

Kathleen Smith
Suttons Bay
Michigan
Tel: +1 231 256 7166
Mobile: +1 231 218 1828
solarays@yahoo.com

Wallace Smith
Holly Michigan
Tel/Fax: +1 248 767 4540
wsmith1@yahoo.com

Coral Thorsen
Penrose
North Carolina
Tel: +1 828 885 8353
Coral@citcom.net

ZIMBABWE

Adele Smith
Harare
Tel +263 4492 181
dellsmith@zol.co.zw

“Any man or woman – given real interest and prompted by the incentive to serve- who thinks and loves, can be a healer, and it is time that people grasped that fact.”

EH 601

The INEH (UK), which publishes this Journal, is a Registered Charity (No. 1032492) with the stated objective:

“To preserve and protect good health and relieve sickness by advancing the knowledge, practice and expertise of Esoteric Healing through education, teacher training and other lawfully charitable means.”

Registered Office of the INEH (UK)

The Hayloft, Palmers Road, Emsworth, Hampshire PO10 7DL, UK
Email: inehteachers@gmail.com

Chairwoman

Helen Frankland, 'Pendle', 27 South Road, Chorleywood, Hertfordshire WD3 5AS, UK
Tel: +44 (0)1923 282834 Email: hfrankland@dsl.pipex.com

Membership Secretary

Ian Yearwood, 34, Fieldside, Edenthorpe, Doncaster, South Yorkshire DN3 2JS
Tel: 01302 880 594 email: ian.ywoods@yahoo.co.uk

MEMBERSHIP OF INEH UK

Membership is open to those who have completed the INEH approved training courses and satisfied all the conditions laid down by the Committee. This includes public liability insurance cover, two copies of the Journal per year, voting rights and eligibility to attend the Annual Conference. Cost £30.00 a year.

Student Membership is open to those who have completed at least Part 1 of the INEH approved training course and satisfied all the conditions laid down by the Committee. This includes public liability insurance cover and two copies of the Journal per year. Cost £30.00 a year.

Couples/Families at the same address £45.00 for two people.

Non UK Membership is open to those who have completed the INEH approved training courses and satisfied all the conditions laid down by the Committee but are not resident in Britain. This includes two copies of the Journal per year and eligibility to attend the Annual Conference. Cost £15.00

We also have the category of **Friend** for any supporters of our work anywhere in the world. This includes two Journals per year and our thanks. Cost £15.00

Application Forms available from the *Membership Sec.*, Ian Yearwood (see address above)

Any man or woman – given real interest and prompted by the incentive to serve – who thinks and loves, can be a healer, and it is time that people grasped that fact. EH 601



The Great Invocation

From the point of Light within the Mind of God
Let Light stream forth into the minds of men,
Let Light descend on Earth.

From the point of Love within the heart of God
Let Love stream forth into the hearts of men,
May Christ return to Earth.

From the centre where the Will of God is known
Let purpose guide the little wills of men –
The purpose which the Masters know and serve.

From the centre which we call the race of men
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

OM OM OM