

The Journal of the
International Network for Energy Healing

PREVIEW ONLY

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INTERNATIONAL NETWORK FOR ENERGY HEALING

This Network, whose keynote is World Service, is non-sectarian, non-political and international in its thinking. It recognises Life as the primary source of power. We can channel this energy for healing and when this takes place Spirit, Soul and Body integrate to become whole.



Aims

- To facilitate Esoteric Healing
- To help anchor spiritual science in the human Consciousness
- To assist the Plan of the Spiritual Hierarchy for Humanity.
- To encourage group work on inner and outer levels.
- To recognise the need for ongoing self-healing and growth.
- To link up and work with practitioners in the various medical and healing arts and sciences acknowledging the value of diversity.
- To share the understanding of esoteric anatomy and the esoteric causes and prevention of disease.
- To provide seminars and practical training in the principles of Esoteric Healing in the Subtle Energy Field and its integration into everyday life.
- To develop an International Network of Healers, Teachers and Servers to support each other and further the above Aims.

INEH Founder

Brenda Selby Johnston
26 September 1916 - 5 May 2013

INEH International Teachers Group Co-ordinators

Helen Frankland, 27 South Road Chorleywood, Hertfordshire WD3 5AS, UK
Martha Henry McDonald 135 South Street, Medfield, MA 02052, USA
Angelika Werkstetter, Zieeblandstrasse 3, D-80799 Munchen, Germany

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The Editors, 27 South Road, Chorleywood, Hertfordshire WD3 5AS, UK

Email: hfrankland@dsl.pipex.com

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Many thanks to those of you who send more than the cost of *The Journal*. This allows us to send *The Journal* to those who cannot afford to pay or are unable to export moneys.

Individual contributions to *The Journal* may not necessarily express the established ideas or views of the INEH as a whole, but reflect aspects of current researching and concerns of members of the Network. As Djwhal Khul says of his works, they are sent out "...with no claim for their acceptance... It is for you to ascertain their truth by right practice and by exercise of the Intuition."

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Editorial

We have several threads running through this Journal and various subjects appear in different aspects in more than one article. The articles in turn reflect the thoughts of our worldwide group through the past year and show we have some telepathic rapport between us – ‘How does a Master reach his group of disciples? Through direct radiation. It is the basis of all telepathic communication, group interplay, and potent usefulness.’

Another DK text about radiation and magnetism has been chosen about how our energies affect and are affected by the outer environment. Science is beginning to catch up with some of these ancient wisdom teachings and we can see these links in the articles by Eva Haynes, Sam Watts, Isabella Fontana and Don MacGregor.

Love and Heart energies also run through the texts especially the two articles by Angelika Werkstetter and Christine Morgan about the Change and Crisis of our current world situation. Often these days we say, “What on Earth is the matter?” Scientists tell us, “Very little. Indeed only 1% of everything known is matter.” Diane McKeag also explores ideas of Harmlessness which is much more about having a wider, loving perspective on life than our

little personal relationships. This also involves change.

Returning to the idea of the Magnet – the writings of Roerich refer to Christ energies as being the Cosmic Magnet. ‘A magnet draws everything towards it without effort and iron filings have no choice but to move to the magnet’. Sam Watts made the point that if we ourselves live consciously we cannot help but draw all good things towards us. Such things, he says, are Abundance, Health, Happiness, Effortlessness and purpose. He reminds us to focus on health as does Don McGregor. We now know that our genes, like karma, don’t lead to inevitable consequences. We can offset negative effects through reducing stress and strengthen positives through our environment, both inner and outer. We can remember that there is something beneficial to be used in every gene or they would not have evolved over the years. We also now know that the brain too can heal with right use of energy and Science is beginning to recognise the positive effects of intention and attention.

In this *Journal* we also recognise the life enhancing effects of dancing and singing and we thank all those who offer these joyful arts at our gatherings and conferences.

If you can sit quietly after difficult news; if in financial downturns you remain perfectly calm; if you can see your neighbours travel to fantastic places without a twinge of jealousy; if you can happily eat whatever is put on your plate; if you can fall asleep after a day of running around without a drink or a pill; if you can always find contentment just where you are: you are probably a dog.

from *A Lamp in the Darkness* by Jack Kornfield

The developed industrial nations of the world cannot remain secure islands of prosperity in a seething sea of poverty. The storm will not abate until a just distribution of the fruits of the earth enable man everywhere to live in dignity and human decency.

Martin Luther King

The INEH (UK), which publishes this Journal, is a Registered Charity (No. 1032492) with the stated objective:

“To preserve and protect good health and relieve sickness by advancing the knowledge, practice and expertise of Esoteric Healing through education, teacher training and other lawfully charitable means.”

Registered Office of the INEH (UK)

The Hayloft, Palmers Road, Emsworth, Hampshire PO10 7DL, UK
Email: inehteachers@gmail.com

Chairwoman

Helen Frankland, 'Pendle', 27 South Road, Chorleywood, Hertfordshire WD3 5AS, UK
Tel: +44 (0)1923 282834 Email: hfrankland@dsl.pipex.com

Membership Secretary

Ian Yearwood, 34, Fieldside, Edenthorpe, Doncaster, South Yorkshire DN3 2JS
Tel: 01302 880 594 email: ian.ywoods@yahoo.co.uk

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Membership is open to those who have completed the INEH approved training courses and satisfied all the conditions laid down by the Committee. This includes public liability insurance cover, copies of the Journal, voting rights and eligibility to attend the Annual Conference. Cost £35.00 a year.

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We also have the category of **Friend** for any supporters of our work anywhere in the world. This includes receiving copies of the Journal and our thanks. Cost £15.00

Application Forms available from the *Membership Sec.*, Ian Yearwood (see address above)

Front cover photograph: Fircroft College, Birmingham, by Pamela Blakley



The Great Invocation

From the point of Light within the Mind of God
Let Light stream forth into the minds of men,
Let Light descend on Earth.

From the point of Love within the heart of God
Let Love stream forth into the hearts of men,
May Christ return to Earth.

From the centre where the Will of God is known
Let purpose guide the little wills of men –
The purpose which the Masters know and serve.

From the centre which we call the race of men
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

OM OM OM